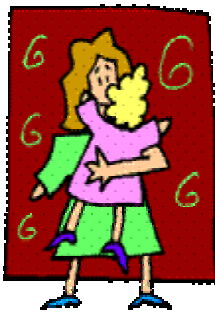


The Auerbach Central Agency for Jewish Education Seidman Educational Resource Center

Resources on Jewish Parenting A Selected Bibliography

Compiled by Nancy M. Messinger,
Director of Educational Resources

Abramowitz, Yosef I. & Susan Silverman. *Jewish Family Life: Traditions, Holidays and Values for Today's Parents and Children*. New York, NY: Golden Books, 1997. A user-friendly parent's guide which discusses various aspects of



Jewish life and culture in order to help parents make Judaism relevant in their lives. First person narratives illustrate the values that are described.

Abrams, Judith Z. and Steven A. Abrams. *Jewish Parenting: Rabbinic Insights* Northvale, NJ: Jason Aronson, 1994.

Written by a rabbi and physician, respectively, this book is intended for Jewish parents who want to connect with their religious tradition and modern medical science.

Adahan, Miriam. *Raising Children to Care: A Jewish Guide to Childrearing*. Jerusalem, ISRAEL: Feldheim Publishers, Ltd., 1988.

A mother's self-help book about parenting based upon Jewish values and counseling strategies. Though addressed primarily to women, it includes special chapters for fathers and husbands.

Artson, Bradley Shavit. *It's a Mitzvah: Step-by-Step to Jewish Living*. West Orange, NJ: Behrman House, Inc., 1995.

Jewish rituals and values come alive in this engaging guide to Jewish practice for the family. Each of the eighteen chapters represents a mitzvah, explains its significance, and then lists concrete ways of putting the mitzvah into practice. The accompanying leader's guide includes family activity pages.

Blitz, Shmuel. *Bedtime Stories of Jewish Values*. New York, NY: Mesorah Publications, 1998.

This book has a number of short stories, each with a moral taken from Jewish virtues, including honesty, loyalty, judging others and forgiveness. It is one of a series of bedtime books that bring Jewish tradition to the bedtime story ritual. Others in the series include *Bedtime Stories of Torah Values, A Treasury of More Jewish Rabbis and Leaders*, *Jewish Bedtime Stories*, *Bedtime Stories: Tales of* and *Bedtime Stories of*



Jewish Holidays.

Bul, Roselyn, Editor. *The Hadassah Magazine Jewish Parenting Book*. New York, NY: Free Press, 1989.

A collection of popular essays, formerly printed in *Hadassah Magazine*, that reflect current issues in parenting, life-cycle, Jewish education and the Jewish family in a time of change.



Danan, Julie Hilton. *The Jewish Parents' Almanac*. Northvale, NJ: Jason Aronson, 1993.

An almanac listing various aspects of the Jewish way of life, ethics, beliefs, etc. with suggestions on how to implement them in the home and family.

Diament, Anita and Karen Kushner. *How to be a Jewish Parent: A Practical Handbook for Family Life*. New York, NY: Schocken Books, 2000.

The first part of this book describes how to create Jewish spaces within the home, how to involve children in a Jewish community, and how to teach them about the Jewish calendar. The second part, "Ages and Stages," addresses the particular challenges of raising children in various age groups. The third section, "Modern Life," physical, mental, and learning disabilities.

Donin, Hayim Halevy. *To Raise a Jewish Child: A Guide for Parents*. New York, NY: Basic Books, Inc., Publishers, 1966.

A classic text for dealing with Jewish parenting issues from a modern Orthodox perspective. Includes a chapter entitled "The Basic Values of Judaism: What Kind of People Do We Want Our Children to Be?" with sections entitled "To Love and Revere God," "To Love Our Neighbor," "To Respect Human Dignity," etc.



Epstein, David & Suzanne Stutman. *Torah with Love: A Guide for Strengthening Jewish Values Within the Family*. New York, NY: Prentice-Hall Press, 1986.

An exciting and practical guide to family Torah study with emphasis on using the Torah text for teaching Jewish values. It includes suggestions for discussions at the family table, teaching and drama techniques and insights into analyzing the Biblical text. Useful for both the beginner and experienced parent teacher. A teaching, not preaching, approach to parenting is presented.

Gans, Moshe. ***Make Me – Don't Break Me: A Practical Guide for Parents and Teachers.*** Brooklyn, NY: Mesorah Publications, Ltd., 1994.
Offers help in the task of child-rearing, giving examples and exercises. Rabbi Gans uses positive methods and motivations such as love, respect, kindness and courtesy to motivate children for success at home and in the classroom.



Gellman, Marc. ***"Always Wear Clean Underwear!" and Other Ways Parents Say "I Love You"***. New York, NY: Morrow Junior Books, 1997.
Parents are their children's primary role models and guides in life. In this book, the big and little meanings of the universal do's and don'ts parents tell their children are presented with humor and great insight.

Glustrom, Simon. ***When Your Child Asks: A Handbook for Jewish Parents.*** New York, NY: Bloch, 1991.
Based upon typical questions children ask about God, Bible, customs, and ceremonies, and Judaism and Christianity, this book attempts to offer clear and concise answers.

Gordis, Daniel. ***Becoming a Jewish Parent: How to Explore Spirituality and Tradition with Your Children.*** New York, NY: Harmony Books, 1999.
A guide for parents on how to introduce Jewish tradition and spirituality into their children's lives. Chapters covering the major ideas are followed by a "reference guide" section on the holiday and Jewish life cycles. The book also includes a summary of Jewish history, a glossary and an index.

Grishaver, Joel Lurie. ***10 Things Which Tend to Turn Kids into Mensches.*** Los Angeles, CA: Torah Aura Productions, 1995.
A short pamphlet which includes a practical how-to model to help one live a life guided by Jewish values as expressed by the *middot tovot* (good qualities) of the *Musar* (Ethics) Movement.

Kurshan, Neil. ***Raising Your Child to be a Mensch.*** New York, NY: Atheneum, 1987.
A book stressing that the goal of parenting is to raise a kind, moral and responsible human being.

Kushner, Harold S. ***When Children Ask about God.*** New York, NY: Schocken Books, 1989. The author provides sensitive, straightforward advice for dealing with a child's questions concerning God's existence, Bible miracles, illness and bereavement.



Levi, Miriam. *Effective Jewish Parenting*. Brooklyn, NY: Feldheim Publishers, 1986.
A helpful parenting guide using the traditional teachings of the Torah and methods from cognitive psychology.

Lipsitz, Gail Josephson. *Practical Parenting: A Jewish Perspective*. Hoboken, NJ: Ktav Publishing, 1997.

This book presents insights and practical advice for parents, using traditional and modern Jewish sources. It includes a comprehensive resource section.

Margalit, Tzila, illustrated Gadi Pollack, translated by Miriam Samsonowitz. *Tell Me What You Think: Language Development and Self-Expression for the Jewish Child through Conversation and Song*. Jerusalem, Israel: Hazon Publishers, 2002.

A unique adult guide for developing children's language expression, featuring clear and colorful illustrated scenes and rhymes about life in an Orthodox family in Israel. Accompanying each picture are guided discussion questions, goals, activities, vocabulary, and projects for each picture that parents can use to with their children. Themes include Feelings, Family Events, Shabbat, and Holidays. Recommended for non-readers, early readers, special needs students and their parents and teachers.

Mogel, Wendy. *The Blessing of a Skinned Knee: Using Jewish Teachings to Raise Self-Reliant Children*. New York, NY: Scribner, 2001.

Using psychological insights, practicality and humor, the author presents wise advice and parenting skills.

Reuben, Steven Carr. *Raising Jewish Children in a Contemporary World: The Modern Parent's Guide to Creating a Jewish Home*. Rocklin, CA: Prima Publishing, 1992.

Written by a Reconstructionist rabbi, this is a guide for modern families who wish to raise their children with a positive Jewish self-image



Rosenberg, Shelley Kapnek. *Raising a Mensch: How to Bring Up Ethical Children in Today's World*. Philadelphia, PA: The Jewish Publication Society, 2003.

A useful book for parents, imparting knowledge of *middot* and *mitzvot* in practical situations and through traditional tales.

Singer, Shmuel. *A Parent's Guide to Teaching Children Mitzvot: A Halakhic Guide*. New York, NY: KTAV, 1991.

A manual for Jewish parents who wish guidance in bringing up their children according to Orthodox interpretations of *halakhah* – Jewish law.

Wolpe, David J. *Teaching Your Children about God: A Modern Jewish*

Approach. New York, NY: Henry Holt and Co., 1993.

A spiritual book offering ways to answer the difficult questions children ask about God. Includes activities and discussion questions.

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